'Pour Painting' with the Spirits

A new technique of painting I discovered when I was in the winter of my life, where despair and darkness ruled. I found solace within the canvases, the paint and the process of creating these artworks.

The emotional catharsis of expression was the only thing that soothed my soul and numbed the pain of my tears.



Self Portrait - First Attempt

Taraipine 'TaRa' Lawrence 2019